

**Swim Your Own Age Meet**  
**Hosted by**  
**Kingfish**  
**Aquatic Club of Waterford**  
**November 21-23, 2008**

**SANCTION:** This meet is sanctioned by Michigan Swimming, Inc., as a timed final meet on behalf of USA Swimming, Sanction Number MI0809015 Michigan Swimming rules, safety, and warm up procedures will govern the meet as if fully set forth in these meet rules.

**LOCATION:** **Waterford Kettering High School**  
**2800 Kettering Dr.**  
**Waterford, MI 48329**

**TIMES:**

Friday PM	Warm up	4:30 PM	<b>Check-in Closes</b>	<b>4:45 PM</b>	Start	5:30 PM
Saturday & Sunday AM	Warm up	7:30 AM	<b>Check-in Closes</b>	<b>7:45 AM</b>	Start	8:30 AM
Saturday & Sunday PM	Warm up	12:30 PM	<b>Check-in Closes</b>	<b>12:45 PM</b>	Start	1:30 PM

**MOTELS:** Please see the attached list of area motels.

**FACILITIES:** The Waterford Kettering High School pool is an 8 lane 25 yard indoor pool with lane markers and permanent starting blocks. This 2 year old facility has a separate 3 lane 25 yard pool which will be available for supervised warm-up and warm down. The competition pool is 14 feet deep at the start and 8 feet deep at the turn, has Keifer wave eater lane lines, large platform starting blocks, and a Colorado Timing System. There is ample balcony seating for spectators. Lockers will be available (provide your own lock). The 25 yard events will be swum from the starting blocks.

**ELIGIBILITY:** This meet is open for all age groups and all levels. All swimmers must be currently registered with United States of America Swimming (USA). The swimmer's age on November 21, 2008 will determine his/her eligibility for a particular age group.

**MEET FORMAT:** Swimmers will swim only against swimmers their own age, with the exception of 7 years and younger, 15-18 years and Friday afternoon events. All 10 and under swimmers, along with 11 year old boys, will swim on Saturday and Sunday AM. All 12 and over swimmers, along with 11 year old girls, will swim on Saturday and Sunday PM.

**ENTRY LIMITS:** Entries will be accepted on a first come first serve basis by date of email for electronic entries and date of receipt by the entry chair for hard copy entries until the Michigan Swimming four (4) hour per session maximum time limit is met. Entries received after the four (4) hour per session time limit has been met will be returned **even if received before the entry deadline**. To balance sessions to meet the four (4) hour per session time limit, the meet host reserves the right to use any reasonable technique including but not limited to splitting age groups and/or splitting teams. If the meet host desires to either split age groups and/or split teams, the contact person for each club entering the meet and each unattached swimmer shall be provided with electronic notification of such change at least ten (10) days prior to the date of the meet. Any club that withdraws entries based on such change shall receive a refund of such entry fees.

**INDIVIDUAL ENTRY LIMITS:** Swimmers are limited to eight total individual events, no more than four individual per day.

**ELECTRONIC ENTRIES:** \$4.00 per individual. Please include a \$1.00 Michigan Swimming surcharge for each swimmer entered. Make checks payable to: **Waterford School District**.

**PAPER ENTRIES:** MS rules regarding non-electronic entries apply. \$5.00 per individual event. There is a \$1.00 additional charge per individual event and \$1.00 per relay event paid if the entry is not submitted in Hy-Tek (or compatible) format. The Michigan Swimming \$1.00 general surcharge for each swimmer also applies to paper entries. Paper entries may be submitted to the entry chair on a spreadsheet of your choice however the paper entry *must* be logically formatted and must contain all pertinent information to allow the entry chair to easily enter the swimmer(s) in the correct events with correct seed times.

#### **ENTRY**

**PROCEDURES:** Entries may be submitted to the entry chairperson as of October 6, 2008. **The entry chairperson must receive all entries no later than 10:00 PM, Sunday November 9, 2008.** Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. You can import the order of events and event numbers from the Michigan Swimming website ([www.uss-michigan.com](http://www.uss-michigan.com)). All individual entries should be submitted via electronic mail to [kawmeetentries@comcast.net](mailto:kawmeetentries@comcast.net) **Entries submitted will be processed provisionally pending receipt by the entry chairperson of: (a) a hard copy of your club's signed release/waiver agreement (b) your club's signed certification of entered athletes and (c) your club's entry and entry fees.** The complete "Swim Your Own Age" entry packet with entry forms is available on the Michigan Swimming Website at [www.uss-michigan.com](http://www.uss-michigan.com).

**REFUNDS:** Once a team or individual entry has been received and processed by the entry chair there are no refunds in full or in part.

**ENTRY CHAIR:** Your club's Entry, Release/Waiver, Certification of Entered Athletes and Check should be sent via U.S. mail or nationally recognized overnight courier to:

Brad Brockway  
26851 Merideth Dr.  
Warren, MI 48091  
Cell ph # 586-722-3106 (No calls after 10 p.m. please)  
[kawmeetentries@comcast.net](mailto:kawmeetentries@comcast.net)

**CHECK IN:** Check In will be available as of ½ hour before the beginning of warm-up. Check in is mandatory for all events with check in closing 15 minutes after the start of warm-ups for each session. Failure to check in will cause the swimmer to be scratched from **all** events in that session. PLEASE FOLLOW THE POSTED CHECK IN PROCEDURE AND MICHIGAN SWIMMING CHECK IN RULES. Also note that pursuant to MS Rules that failing to swim an event *after* checking in for that event will disqualify a swimmer from his or her next event. Check in sheets will be posted in the pool lobby next to the locker rooms.

**SCRATCH RULES:** Prior to check in closing, a swimmer may scratch events at the Clerk of Course. After check in closes, you must see the Meet Referee to scratch an event. Once a swimmer has checked in for an event that swimmer must compete in that event or the swimmer will be scratched from his/her next event.

**MARSHALLING:** **This meet will be SELF MARSHALLED.** Heat sheets will be posted. Swimmers and their coaches will be responsible for reporting to the starting blocks when their event is called.

**SEEDING:** Seeding will be done after check in closes. Swimmers who fail to check in for an event will be scratched from that event. All events will be swum as timed finals and will be seeded slowest to fastest, other than 1650's, which will be swum fastest to slowest alternating girls and boys. Depending on the number of entries the 1650's may be combined, but scored separately, according to entry times. *All events on Friday will be swum as "10 and Under", "11-12", and "13-18". 14 and under swimmers will be separated at the conclusion of the event for placement and awards.*

**DECK ENTRIES:** Deck entries will be accepted if the meet does not reach capacity. \$6.00 per event plus \$1.00 MS surcharge if swimmer is not in the Meet.

**TIME TRIALS:** Time trials will not be offered

**ADMISSION:** Friday admission \$2.00, Saturday & Sunday admission \$4.00 (12 and under with adult free). Full weekend programs will be \$6.00 each.

- SCORING:** This meet will be scored.
- AWARDS:** SYOA custom medals and ribbons will be awarded. Individual High Point awards will be given for each age group. The top three overall teams will be awarded plaques. Swimmers that establish a meet record will receive a "Meet Record Holder" T-shirt.
- RESULTS:** Complete meet results will be posted on the Michigan Swimming Website at [uss.michigan.com](http://uss.michigan.com). Results will also be available on disk (HY-TEK Meet Manager). Teams providing a formatted 3.5" disk will receive a results diskette.
- CONCESSIONS:** Food and beverages will be available in the concession stand in the cafeteria. No food or beverages will be allowed on the pool deck, in the spectator area or locker rooms. A hospitality area will be available for coaches and officials
- LOST AND FOUND:** Articles may be turned in/picked at the designated area. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).
- SWIMMING SAFETY:** Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers will be required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool and diving well. Penalties for violating these rules will be in the sole discretion of the meet referee which may include ejection from the meet.
- DECK PERSONNEL:** Only swimmers, registered coaches and meet officials and workers are allowed on the deck. Coaches and officials must display their registration cards at all times. Coaches must be current in all certifications through the final date of the meet.
- SWIMMERS with DISABILITIES:** All swimmers are encouraged to participate. If any of your swimmers have special needs or requests please indicate them on the entry form and with the Clerk of Course and/or the Referee during warm-ups.
- GERNERAL INFO:** Any errors or omissions in the program will be documented and signed by the meet official and available for review at the Clerk of Course for Coaches review.
- FIRST AID:** Supplies will be kept in the Coaches Office/Computer Room on deck, and available for use as needed.
- FACILITY ITEMS:** (A) No smoking is allowed in the building or on the grounds of Waterford Kettering High School.  
(B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.  
(C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.  
(D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to the sanction of this meet and is available for review and inspection at the Clerk of Course.

**MEET DIRECTORS:** Mark VanderMey  
248-921-1948  
[mvander@mi.rr.com](mailto:mvander@mi.rr.com)

Brad Brockway  
586-722-3106  
[kawmeetentries@comcast.net](mailto:kawmeetentries@comcast.net)

**MEET REFEREE:** Ron Reinke  
734-591-7981  
[ronr48@hotmail.com](mailto:ronr48@hotmail.com)

**SAFETY MARSHALL:** Michelle Koppin

# Swim Your Own Age Meet

Hosted by Kingfish Aquatic

November 21-23, 2008

FRIDAY AFTERNOON - NOVEMBER 21, 2008

WARM-UP 4:30 PM

START 5:30 PM

<u>Age</u>	<u>Event</u>		
11-12	200 Yard Freestyle	1	2
13-18	200 Yard Freestyle	3	4
10 & U	200 Yard Individual Medley	5	6
11-12	400 Yard Individual Medley	7	8
13-18	1650 Yard Freestyle	9	10

SATURDAY MORNING - NOVEMBER 22, 2008

WARM-UP 7:30 AM

START 8:30 AM

10 Yrs	100 Yard Individual Medley	11	12
9 Yrs	100 Yard Individual Medley	13	14
8 Yrs	100 Yard Individual Medley	15	16
7 & U	100 Yard Individual Medley	17	18
11 Yrs	200 Yard Backstroke		19
10 Yrs	100 Yard Breaststroke	20	21
9 Yrs	100 Yard Breaststroke	22	23
8 Yrs	25 Yard Breaststroke	24	25
7 & U	25 Yard Breaststroke	26	27
11 Yrs	50 Yard Backstroke		28
10 Yrs	50 Yard Backstroke	29	30
9 Yrs	50 Yard Backstroke	31	32
8 Yrs	50 Yard Backstroke	33	34
7 & U	50 Yard Backstroke	35	36
11 Yrs	100 Yard Freestyle		37
10 Yrs	50 Yard Freestyle	38	39
9 Yrs	50 Yard Freestyle	40	41
8 Yrs	50 Yard Freestyle	42	43
7 & U	50 Yard Freestyle	44	45
11 Yrs	200 Yard Individual Medley		46
10 Yrs	100 Yard Butterfly	47	48
9 Yrs	100 Yard Butterfly	49	50
8 Yrs	25 Yard Butterfly	51	52
7 & U	25 Yard Butterfly	53	54
11 Yrs	100 Yard Breaststroke		55
10 Yrs	200 Yard Freestyle	56	57
9 Yrs	200 Yard Freestyle	58	59
8 Yrs	200 Yard Freestyle	60	61
7 & U	200 Yard Freestyle	62	63
11 Yrs	100 Yard Butterfly		64

# Swim Your Own Age Meet

Hosted by Kingfish Aquatic

November 21-23, 2008

SATURDAY AFTERNOON - NOVEMBER 22, 2008

WARM-UP 12:30 PM

START 1:30 PM

<u>Age</u>	<u>Event</u>	EVENT #	EVENT #
12 Yrs	200 Yard Backstroke	65	66
11 Yrs	200 Yard Backstroke	67	
15-18	200 Yard Backstroke	68	69
14 Yrs	200 Yard Backstroke	70	71
13 Yrs	200 Yard Backstroke	72	73
12 Yrs	50 Yard Backstroke	74	75
11 Yrs	50 Yard Backstroke	76	
15-18	100 Yard Freestyle	77	78
14 Yrs	100 Yard Freestyle	79	80
13 Yrs	100 Yard Freestyle	81	82
12 Yrs	100 Yard Freestyle	83	84
11 Yrs	100 Yard Freestyle	85	
15-18	200 Yard Individual Medley	86	87
14 Yrs	200 Yard Individual Medley	88	89
13 Yrs	200 Yard Individual Medley	90	91
12 Yrs	200 Yard Individual Medley	92	93
11 Yrs	200 Yard Individual Medley	94	
15-18	100 Yard Breaststroke	95	96
14 Yrs	100 Yard Breaststroke	97	98
13 Yrs	100 Yard Breaststroke	99	100
12 Yrs	100 Yard Breaststroke	101	102
11 Yrs	100 Yard Breaststroke	103	
15-18	100 Yard Butterfly	104	105
14 Yrs	100 Yard Butterfly	106	107
13 Yrs	100 Yard Butterfly	108	109
12 Yrs	100 Yard Butterfly	110	111
11 Yrs	100 Yard Butterfly	112	

# **Swim Your Own Age Meet**

**Hosted by Kingfish Aquatic**

**November 21-23, 2008**

SUNDAY MORNING - NOVEMBER 23, 2008

WARM-UP 7:30 AM

START 8:30 AM

<u>Age</u>	<u>Event</u>	EVENT #	EVENT #
8 Yrs	100 Yard Backstroke	113	114
7 & U	100 Yard Backstroke	115	116
11 Yrs	200 Yard Butterfly		117
10 Yrs	100 Yard Backstroke	118	119
9 Yrs	100 Yard Backstroke	120	121
8 Yrs	25 Yard Backstroke	122	123
7 & U	25 Yard Backstroke	124	125
11 Yrs	50 Yard Butterfly		126
10 Yrs	500 Yard Freestyle	127	128
9 Yrs	500 Yard Freestyle	129	130
8 Yrs	25 Yard Freestyle	131	132
7 & U	25 Yard Freestyle	133	134
11 Yrs	100 Yard Backstroke		135
10 Yrs	50 Yard Breaststroke	136	137
9 Yrs	50 Yard Breaststroke	138	139
8 Yrs	50 Yard Breaststroke	140	141
7 & U	50 Yard Breaststroke	142	143
11 Yrs	50 Yard Breaststroke		144
10 Yrs	50 Yard Butterfly	145	146
9 Yrs	50 Yard Butterfly	147	148
8 Yrs	50 Yard Butterfly	149	150
7 & U	50 Yard Butterfly	151	152
11 Yrs	50 Yard Freestyle		153
10 Yrs	100 Yard Freestyle	154	155
9 Yrs	100 Yard Freestyle	156	157
8 Yrs	100 Yard Freestyle	158	159
7 & U	100 Yard Freestyle	160	161
11 Yrs	200 Yard Breaststroke		162

# Swim Your Own Age Meet

Hosted by Kingfish Aquatic

November 21-23, 2008

SUNDAY AFTERNOON - NOVEMBER 23, 2008

WARM-UP 12:30 PM

START 1:30 PM

<u>Age</u>	<u>Event</u>	EVENT #	EVENT #
12 Yrs	200 Yard Butterfly	163	164
11 Yrs	200 Yard Butterfly	165	
15-18	200 Yard Butterfly	166	167
14 Yrs	200 Yard Butterfly	168	169
13 Yrs	200 Yard Butterfly	170	171
12 Yrs	50 Yard Butterfly	172	173
11 Yrs	50 Yard Butterfly	174	
15-18	100 Yard Backstroke	175	176
14 Yrs	100 Yard Backstroke	177	178
13 Yrs	100 Yard Backstroke	179	180
12 Yrs	100 Yard Backstroke	181	182
11 Yrs	100 Yard Backstroke	183	
15-18	200 Yard Breaststroke	184	185
14 Yrs	200 Yard Breaststroke	186	187
13 Yrs	200 Yard Breaststroke	188	189
12 Yrs	50 Yard Breaststroke	190	191
11 Yrs	50 Yard Breaststroke	192	
15-18	50 Yard Freestyle	193	194
14 Yrs	50 Yard Freestyle	195	196
13 Yrs	50 Yard Freestyle	197	198
12 Yrs	50 Yard Freestyle	199	200
11 Yrs	50 Yard Freestyle	201	
15-18	400 Yard Individual Medley	202	203
14 Yrs	400 Yard Individual Medley	204	205
13 Yrs	400 Yard Individual Medley	206	207
12 Yrs	200 Yard Breaststroke	208	209
11 Yrs	200 Yard Breaststroke	210	

## **Kingfish Aquatic Club of Waterford "Swim Your Own Age Meet"**

**RELEASE:**

Enclosed is a total of \$\_\_\_\_\_ covering fees for all the above entries. In consideration of acceptance of this entry I/We hereby, for ourselves, our heirs, administrators, and assign, waive and release any and all claims against The Kingfish Aquatic Club of Waterford, Waterford Kettering Public Schools, Michigan Swimming, Inc., and United States Swimming, Inc. for injuries and expenses incurred by Me/Us at said swim meet. I/We are amateur athletes and are eligible to participate in all events I/We have entered.

Signature: \_\_\_\_\_

Entry Chair: \_\_\_\_\_

Position: \_\_\_\_\_

Street Address: \_\_\_\_\_

Phone: \_\_\_\_\_

City, State, Zip \_\_\_\_\_

E-mail: \_\_\_\_\_

Coach Name: \_\_\_\_\_

Club Name: \_\_\_\_\_

Coach Phone: \_\_\_\_\_

Club Code: \_\_\_\_\_

Coach E-Mail: \_\_\_\_\_



[Age Group]	Event									
[Boys/Girls]	Event Number									
	[B] time									
	[C] time									
Name	USA NUMBER AGE									
1.										
#										
2.										
#										
3.										
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4.										
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5.										
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6.										
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7.										
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8.										
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Entry Chairman: \_\_\_\_\_ Phone: \_\_\_\_\_ Number of Swimmers: \_\_\_\_\_ Individual Events Entered: \_\_\_\_\_

## **HOTELS – all within 10 miles from the pool.**

### **Courtyard Detroit Auburn Hills (248) 373-4100**

(8 miles from the pool)

1296 Opdyke Rd.

Auburn Hills, MI 48236

<http://www.marriott.com/hotels/travel/dtwab-courtyard-detroit-auburn-hills>

### **Fairfield Inn Detroit Auburn Hills (248) 373-2228**

(8 miles from the pool)

1294 Opdyke Rd.

Auburn Hills, MI 48236

<http://www.marriott.com/hotels/travel/dtwah-fairfield-inn-detroit-auburn-hills>

### **Holiday Inn Select Detroit – Auburn Hills (1-75) (248)373-4550**

(9 miles from the pool)

1500 N. Opdyke

Auburn Hills, MI 48236

<http://www.ihotelsgroup.com/h/d/sl/1/en/hotel/dttah?rpb=hotel&crUrl=/h/d/sl/1/en/hotelsearchresults>

### **Holiday Inn Express Waterford**

4350 Pontiac Lake Rd

Waterford, MI 48328

(248) 674-3434

[holiday-inn.com](http://holiday-inn.com)

### **Waterford Motel**

2201 Dixie Hwy

Waterford, MI 48328

(248) 338-4061

### **Best Western Concorde Inn of Waterford**

Waterford, MI 48327

(877) 666-8555