

Attachment 6 -- 2009 MS Swim Guide
Michigan Swimming, Inc.
2009 MS 12 & Under Short Course State Championship Meet Standards
Q1 Time Standards

Qualifying Period: March 7, 2008 to entry deadline

Revised October 2008

10 & UNDER GIRLS			EVENT	10 & UNDER BOYS		
LCM	SCM	SCY		SCY	SCM	LCM
37.39*	36.39*	31.69*	50 Freestyle	31.59*	36.49*	37.49*
1:21.79*	1:19.49*	1:09.49*	100 Freestyle	1:10.29*	1:20.29*	1:22.69*
3:00.19*	2:56.09*	2:31.59*	200 Freestyle	2:35.29*	2:54.69*	2:58.79*
6:20.09*	6:07.59*	6:52.59*	400/500 Freestyle	6:56.99*	6:25.99*	6:39.09*
44.19*	42.99*	37.29*	50 Backstroke	37.99*	43.99*	45.29*
1:37.19*	1:34.39*	1:20.29*	100 Backstroke	1:21.49*	1:36.59*	1:39.39*
51.09*	49.69*	42.39*	50 Breaststroke	43.69*	50.69*	52.19*
1:48.39*	1:44.69*	1:32.49*	100 Breaststroke	1:35.09*	1:50.79*	1:54.79*
43.79*	42.59*	35.89*	50 Butterfly	37.79*	44.29*	45.59*
1:46.39*	1:45.19*	1:26.29*	100 Butterfly	1:32.29*	1:49.49*	1:50.79*
Not Offered	1:30.79	1:20.79*	100 IM	1:21.89*	1:32.59	Not Offered
3:24.49*	3:17.39	2:54.39*	200 IM	2:57.09*	3:24.49*	3:31.89*
2:33.79*	2:31.79	2:12.99*	200 Free Relay	2:14.99*	2:32.49*	2:36.09*
2:59.69*	2:54.19*	2:33.99*	200 Medley Relay	2:43.99*	3:05.39*	3:11.39*

11-12 GIRLS			EVENT	11-12 BOYS		
LCM	SCM	SCY		SCY	SCM	LCM
32.39*	31.49	28.09*	50 Freestyle	28.29*	32.59*	33.49*
1:10.39*	1:08.39*	1:00.79*	100 Freestyle	1:02.09*	1:11.49*	1:13.59*
2:31.59*	2:28.29*	2:13.39*	200 Freestyle	2:15.09*	2:36.69*	2:40.29*
5:16.59*	5:06.19*	5:53.49*	400/500 Freestyle	6:01.89*	5:12.49*	5:23.09*
37.99*	36.89*	32.59*	50 Backstroke	33.59*	38.89*	39.99*
1:22.69*	1:20.29*	1:10.29*	100 Backstroke	1:11.99*	1:24.89*	1:27.39*
2:56.99*	2:51.89*	2:31.19*	200 Backstroke	2:34.79*	2:57.19*	3:02.39*
42.79*	41.59*	36.59	50 Breaststroke	38.09*	44.49*	45.79*
1:31.99*	1:28.79*	1:20.19	100 Breaststroke	1:22.69*	1:37.99*	1:41.49*
3:22.49*	3:15.49*	2:52.99*	200 Breaststroke	3:02.79*	3:32.29	3:39.99*
36.09*	35.09*	31.29*	50 Butterfly	32.29*	36.99*	38.09*
1:23.19*	1:22.19*	1:11.29*	100 Butterfly	1:14.19*	1:28.89*	1:29.89*
3:23.09*	3:19.49*	2:45.49*	200 Butterfly	2:55.89	3:27.49*	3:31.29*
Not Offered	1:19.69*	1:10.79*	100 IM	1:13.19*	1:22.59	Not Offered
2:53.99	2:47.99*	2:33.19	200 IM	2:35.89*	2:54.99*	3:01.09*
6:16.89*	6:05.99*	5:25.59*	400 IM	5:39.19*	6:30.19*	6:41.79*
2:11.79*	2:07.49*	1:53.99*	200 Free Relay	1:57.99*	2:15.09*	2:16.49*
2:31.69*	2:23.99*	2:09.99*	200 Medley Relay	2:15.99*	2:32.89*	2:38.69*

* = standard revised this year

**Athletes who have swum a time equal to or faster than the time in any event listed here
(in any Course) during the qualifying period are qualified to swim that event at this
meet.**